Implementing the Maternal and Infant Nutrition Framework: Priorities 2017

The Best Start: A Five-Year Forward Plan for Maternity and Neonatal Services

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The Scottish Government
The Best Start: A Five-Year Forward Plan for Maternity and Neonatal Services

‘This report is a landmark publication that presents a major opportunity to improve services…its recommendations will fundamentally transform service delivery in Scotland. It represents a significant change in ways of working, but it will give better care.

Minister for Public Health: Statement to Parliament 22 Feb
Aim of the Review

• To examine choice, quality and safety of maternity and neonatal services in light of current evidence and best practice

• To consult widely with the workforce, NHS Boards and service users

• To make recommendations for a Scottish model of care that:-
  – contributes to the Government’s aims of person-centred care,
  – provides the right care for every women and baby every time
  – gives all children the best start in life
Main Recommendations

- Continuity of carer in maternity
- Person-centred maternity and neonatal care
- Multidisciplinary team care
- Safe, high quality and accessible care
- Design neonatal care model
- Transport for neonates
- Remote and rural care competencies
- Workforce development and planning
- IT & Quality improvement

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SISCC Links

- Person centred: enabling breastfeeding
- Family centred care: keeping families together – enable more KMC, expressing and breastfeeding
- Transitional care on postnatal wards
- Range of support for breastfeeding
- UNICEF accreditation
- Postnatal environment conducive to breastfeeding
Next steps

Priorities for action:
1. Continuity of Carer – early adopter Boards to be announced soon
2. Person centred maternity and neonatal care – aiming to keep families together
3. Redesign of maternity services with a focus on local care and multidisciplinary community hubs.
4. Recommendations on new model of neonatal care.
5. Workforce changes required to take forward package of recommendations.
Maternal and Infant Nutrition 2017 Update

- Continuing to strengthen links with other teams and frameworks and partners across the UK
- Planning for sustainability and future proofing of the Framework
- Setting clear evidence based priorities
- Supporting methods of increasing the rate and effectiveness of implementation
Priorities

1. Preconception and Maternal Nutrition
   • Promoting optimal preconception planning
   • Shifting weight interventions to prior to first pregnancy.
   • Good food choices in pregnancy as a means to support on-going healthy family mealtime behaviours- ready for appropriate weaning and optimal toddler nutrition.
2. Breastfeeding

- Issue 1. Dialogue: changing the conversation
- Issue 2. Advertising and the formula milk industry
- Issue 3. Care packages, accessibility, effectiveness and quality
- Issue 4. Breastfeeding and how it fits in society
Neonatal Standards

- UNICEF Neonatal Standards
- Staff training
- Wraps in the baby box
- Breast pump loan
3. Weaning and Toddler diets

- Access to information and skilled support - staff training
- Meal times behaviours matter
- Appetite control and portion size
- Nutritional content
Maternal and Infant Nutrition Survey 2017

- Some similarities between this and aims of 5 yearly UK Infant Feeding Survey.
- Main differences: Scotland only, larger samples and 3 different cohorts instead of a longitudinal samples.
- Data collected April to June 2017 and reported in Dec 2017
  - Antenatal Cohort (sample 20 – 40+ weeks)
  - 1st postnatal cohort 8-12 weeks
  - 2nd postnatal cohort 8-12 months

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