

# Implementing the Maternal and Infant Nutrition Framework: Priorities 2017

## The Best Start: A Five-Year Forward Plan for Maternity and Neonatal Services

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**The Scottish Government**



# The Best Start: A Five-Year Forward Plan for Maternity and Neonatal Services

*'This report is a landmark publication that presents a major opportunity to improve services...its recommendations will fundamentally transform service delivery in Scotland. It represents a significant change in ways of working, but it will give better care.'*

**Minister for Public Health:**  
**Statement to Parliament 22 Feb**

# Aim of the Review

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- To examine choice, quality and safety of maternity and neonatal services in light of current evidence and best practice
- To consult widely with the workforce, NHS Boards and service users
- To make recommendations for a Scottish model of care that:-
  - contributes to the Government's aims of person-centred care,
  - provides the right care for every women and baby every time
  - gives all children the best start in life



# Main Recommendations

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- Continuity of carer in maternity
- Person-centred maternity and neonatal care
- Multidisciplinary team care
- Safe, high quality and accessible care
- Design neonatal care model
- Transport for neonates
- Remote and rural care competencies
- Workforce development and planning
- IT & Quality improvement



# SISCC Links

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- Person centred: enabling breastfeeding
- Family centred care: keeping families together – enable more KMC, expressing and breastfeeding
- Transitional care on postnatal wards
- Range of support for breastfeeding
- UNICEF accreditation
- Postnatal environment conducive to breastfeeding

# Next steps

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## **Priorities for action:**

- 1. Continuity of Carer – early adopter Boards to be announced soon*
- 2. Person centred maternity and neonatal care – aiming to keep families together*
- 3. Redesign of maternity services with a focus on local care and multidisciplinary community hubs.*
- 4. Recommendations on new model of neonatal care.*
- 5. Workforce changes required to take forward package of recommendations.*



# Maternal and Infant Nutrition 2017 Update

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- Continuing to strengthen links with other teams and frameworks and partners across the UK
- Planning for sustainability and future proofing of the Framework
- Setting clear evidence based priorities
- Supporting methods of increasing the rate and effectiveness of implementation

# Priorities

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## 1. Preconception and Maternal Nutrition

- Promoting optimal preconception planning
- Shifting weight interventions to prior to first pregnancy.
- Good food choices in pregnancy as a means to support on-going healthy family mealtime behaviours- ready for appropriate weaning and optimal toddler nutrition.



## 2. Breastfeeding

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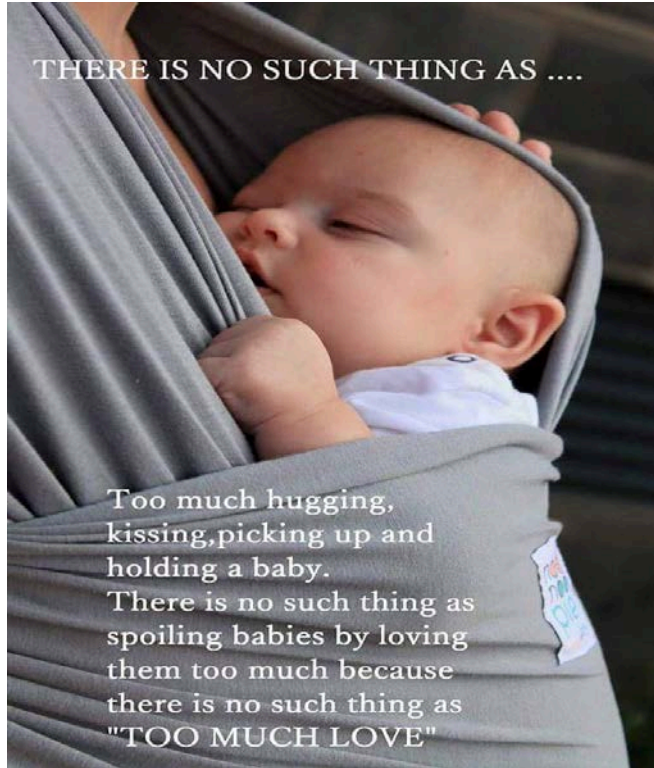


- Issue 1. Dialogue: changing the conversation
- Issue 2. Advertising and the formula milk industry
- Issue 3. Care packages, accessibility, effectiveness and quality
- Issue 4. Breastfeeding and how it fits in society



# Neonatal

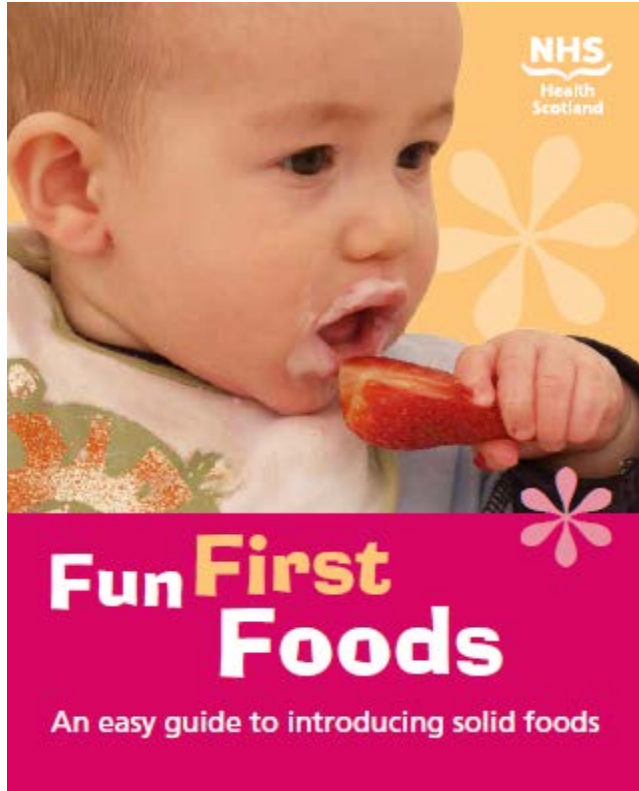
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- UNICEF Neonatal Standards
- Staff training
- Wraps in the baby box
- Breast pump loan

# 3. Weaning and Toddler diets

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- Access to information and skilled support - staff training
- Meal times behaviours matter
- Appetite control and portion size
- Nutritional content

# Maternal and Infant Nutrition Survey 2017

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- Some similarities between this and aims of 5 yearly UK Infant Feeding Survey.
- Main differences: Scotland only, larger samples and 3 different cohorts instead of a longitudinal samples.
- Data collected April to June 2017 and reported in Dec 2017
  - *Antenatal Cohort (sample 20 – 40+ weeks)*
  - *1<sup>st</sup> postnatal cohort 8-12 weeks*
  - *2<sup>nd</sup> postnatal cohort 8-12 months*